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Nauset Completes New Memory Care Addition for Benchmark's Nashua Crossings Senior Living Community

NASHUA, NH– Nauset Construction recently completed a new 14,675 square-foot memory care wing at Nashua Crossings, a Benchmark Senior Living Community. The \$3.5 million addition will enhance Nashua Crossings' ability to provide a continuum of care for residents with Alzheimer's and other memory impairment disorders.

The fully secured one-story, 27-bed addition includes 20 one-and-two-bedroom apartments with a number of handicap-accessible apartments included in the mix. The new expansion complements the existing 62 apartments of traditional assisted living by creating an environment designed to accommodate people with memory loss – allowing freedom, mobility, choice, and independence.

"There is a growing need for memory care assisted living residences in the Greater Nashua area," said Rob Memmolo, Executive Director of Nashua Crossings. "This addition allows us to better support our current residents and their families as well as those in the greater Nashua community."



Designed by Udelsman Associates, the addition includes a nursing station, a large activity/living room, a country-kitchen style dining room with an adjacent prep kitchen, and two exterior courtyard areas with porches for the residents. The new assisted living memory care wing, called The Harbor, features design accommodations that enhance the quality of life for residents with memory impairments, including bright colors for spatial recognition, bathroom fixtures in different colors for easier identification, and carpeting of special textures and hues for secure footing.

Challenges for Nauset Construction included dealing with the harsh winter during the framing of the addition and implementing measures to eliminate or minimize the impact of the construction process on patients and staff. "Our experience working in occupied health care settings allowed us to complete this project with minimal disruption to the existing assisted living community," said Nauset Construction President Anthony Papantonis.

Founded in 1997, Benchmark Senior Living is the leading provider of senior living services in the Northeast and one of the nation's foremost assisted living providers. Benchmark provides its residents with a variety of senior living options including independent living, traditional assisted living, specialized services for the memory impaired, and respite stay programs. Benchmark's 50 locations span all six New England states. Benchmark is focused on excellence in senior housing through personalized services to residents, a professional staff committed to adding quality to the lives of seniors, and unique programs designed to improve the experience of senior living.



Nauset Construction is a construction management and design-build firm run by industry veterans with a shared goal of providing an unparalleled positive client experience. Nauset excels at complex projects on challenging sites with aggressive time and budget requirements - often in sensitive, occupied and operational environments. Proactive decisions are made based on years of proven experience while orchestrating project-team cooperation

and collaboration to inherent unforeseen challenges. Taking a collaborative approach throughout the project cycle, Nauset provides creative ideas and alternative methods that reduce cost and increase value to its clients, while creating lasting relationships.